

Available Resources in Response to COVID-19

Government and Local Resources

1. Fact Sheets & General Information:

- [CDC: COVID-19 Fact Sheet](#)
- [CDC: COVID-19 Fact Sheet \(Spanish\)](#)
- [CDC: General Information about 2019 Novel Coronavirus](#)
- [CDC: Household Cleaning Recommendations](#)
- [CDC: How to Protect Yourself from COVID-19](#)
- [Dayton Daily News: Where to Find Help for COVID-19 Assistance](#)
- [Dayton United Way: Help Link 211](#)
- [John Hopkins University: Coronavirus Resource Center](#)
- [Local Resources – Spanish guide](#)
- [Miami County Free Healthcare Clinic](#)
- [Public Health Dayton & Montgomery County: Coronavirus Prevention Information](#)
- [Ohio Department of Health: Avoiding Scams Checklist](#)
- [Ohio Department of Health: COVID-19 Fact Sheet](#)
- [Ohio Department of Health: COVID-19 in Ohio](#)
- [Ohio Department of Health: RestartOhio](#)
- [Public Health Dayton & Montgomery County: Latest Coronavirus Updates](#)
- [World Health Organization: General Information about COVID-19](#)

2. What to do if you are sick:

- [CDC: Steps to Take When You Think You Have Coronavirus](#)
- [Dayton Children's: What to do if your child is sick](#)

3. Coping with COVID-19:

- [CDC: Help Children Cope with Emergencies](#)
- [Child Mind Institute: Supporting Families During COVID-19](#)
- [Child Mind Institute: Talking to Kids About the Coronavirus](#)
- [Dayton Children's: COVID-19 & How to Talk to Your Child](#)
- [Greater Good Magazine: Guide to Well-being During Coronavirus](#)
- [Hall Hunger Initiative: Coping with COVID-19, Resources, and Updates](#)
- [Healthy Habits](#)
- [Mapping Local Mental Health Agencies](#)

- [National Association of School Psychologists: Talking to Children About COVID-19](#)
- [National Institute of Mental Health: Coping with Traumatic Events](#)
- [National PTA: Tackling COVID-19 Together](#)
- [Ohio Mental Health Resource Guide](#)

> 24/7 Crisis Text Line: TEXT 4hope to 741-741

> If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990

4. **Food Resources:**

- [Cake Hope and Love: Free Bag Lunches for Kids](#)
- [The Dayton Foodbank Drive-thru](#)
- [The Dayton Foodbank: Food Rx Program](#)
- [Dayton Public Schools: Meal Delivery Update](#)
- [House of Bread](#)
- [Lunch Bag Distribution – Fairborn City Schools](#)
- [No Child Hungry Dayton: Free Bag Lunches for Kids](#)
- [Piada: Free kids pasta meal](#)

5. **Job Resources:**

- [The Job Center](#)
- [Ohio Covid-19 Job Search](#)
- [Ohio Department of Job and Family Services](#)

6. **Family Care:**

- [Women's Center of Ohio](#)

7. **Home Care:**

- [DP&L: Response, Resources and Updates](#)

